


**Springfield Seniors Community Events  
March 2010**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b><u>Congregate Meal Programs</u></b>  <b>Anola:</b> Mon. to Fri. @ noon Call Brenda @ 866-3622  <b>Cooks Creek:</b> Mon. Wed. Fri. @ noon Call Jean @ 444-6000</p>	1 Go-Getters Bowling <b>Anola Senior Exercise Program @ 10:30 a.m.</b>	2 <b>Senior Bingo @ 1 p.m.</b> Kin Place <b>Crib - Kin Place 6:30 p.m.</b> <b>Bingo 7 p.m.</b> Anola Over 50 Club	3 <b>Foot Clinic - Oakbank</b> <b>Cooks Creek Seniors Club @ 1 p.m.</b> Pleasant View Lodge <b>Bingo 7 p.m.</b> Dugald CC <b>Crib - Anola Over 50 Club 7 p.m.</b>	4 <b>Computer Class 9:30 to 11:30 Kin Place</b> <b>Bible Study 10 a.m.</b> Sunrise Lodge <b>Oakbank Senior Exercise Program @ 1 p.m.</b> <b>Silver Threads Seniors Club</b> (carpet bowling) @ 1:30 p.m. Kin Place MPR <b>Cards - Springfield Library 2 to 4:30</b>	5 <b>Senior Shopping trip to Walmart \$5</b> <b>Call 444-6128 to register &amp; for PU times</b> <b>Computer Class 9:30 to 11:30 KP</b> <b>Chair Yoga 10:30 203 - 449 Main</b> <b>Card Bingo - KPMPR at 7 p.m.</b> <b>Whist Anola Over 50 Club 7:30</b>	6
<p><b><u>Congregate Meal Programs</u></b>  <b>Dugald:</b> Mon. Wed. Fri. @ 5 p.m. Call Debbie @ 853-7499  <b>Oakbank:</b> Mon. Tues. &amp; Fri. @ 5 p.m. Wed. &amp; Thurs. @ noon Call Vivian @ 444-3132</p>	8 <b>Foot Clinic - Cooks Creek</b> <b>Anola Senior Exercise Program @ 10:30 a.m.</b>	9 <b>Senior Bingo - 1 p.m. @</b> Evergreen Lodge <b>Crib - Kin Place 6:30 p.m.</b> <b>Bingo 7 p.m.</b> Anola Over 50 Club	10 <b>Cooks Creek Seniors Club @ 1 p.m.</b> Pleasant View Lodge <b>Bingo 7 p.m.</b> Dugald CC	11 <b>Computer Class 9:30 to 11:30 Kin Place</b> <b>Bible Study 10 a.m.</b> Sunrise Lodge <b>Silver Threads Seniors Club</b> (carpet bowling) @ 1:30 p.m. Kin Place MPR <b>Cards - Springfield Library 2 to 4:30</b>	12 <b>Computer Class 9:30 to 11:30</b> <b>Kin Place</b> <b>Chair Yoga 10:30 203 - 449 Main</b> <b>Whist KPMPR at 7 p.m.</b> <b>Whist Anola Over 50 Club 7:30 p.m.</b>	13
7	15 Go-Getters Bowling <b>Anola Senior Exercise Program @ 10:30 a.m.</b>	16 <b>Senior Bingo @ 1 p.m.</b> Kin Place <b>Crib - Kin Place 6:30 p.m.</b> <b>Bingo 7 p.m.</b> Anola Over 50 Club	17 <b>Warm Hands Knitting Club 10 a.m.</b> Kin Place MPR <b>Cooks Creek Seniors Club @ 1 p.m.</b> Pleasant View Lodge <b>Bingo 7 p.m.</b> Dugald CC Caregiver Support Group 7 p.m. KPMP* Use Entrance C	18 <b>Computer Class 9:30 to 11:30 Kin Place</b> <b>Bible Study 10 a.m.</b> Sunrise Lodge <b>Oakbank Senior Exercise Program @ 1 p.m.</b> <b>Silver Threads Seniors Club</b> (carpet bowling) @ 1:30 p.m. Kin Place MPR <b>Cards - Springfield Library 2 to 4:30</b>	19 <b>Computer Class 9:30 to 11:30</b> <b>Kin Place</b> <b>Chair Yoga 10:30 203 - 449 Main</b> <b>Card Bingo KPMPR at 7 p.m.</b> <b>Whist Anola Over 50 Club 7:30 p.m.</b>	20 <b>Dugald CC Breakfast "Kidney Foundation"</b> 8:30 -10:30 a.m.
14	22 <b>Foot Clinic - Dugald</b> <b>Anola Senior Exercise Program @ 10:30 a.m.</b>	23 <b>Senior Bingo - 1 p.m. @</b> Evergreen Lodge <b>Crib - Kin Place 6:30 p.m.</b> <b>Bingo 7 p.m.</b> Anola Over 50 Club	24 <b>Foot Clinic - Anola</b> <b>Cooks Creek Seniors Club @ 1 p.m.</b> Pleasant View Lodge <b>Bingo 7 p.m.</b> Dugald CC	25 <b>Computer Class 9:30 to 11:30 Kin Place</b> <b>Bible Study 10 a.m.</b> Sunrise Lodge <b>Oakbank Senior Exercise Program @ 1 p.m.</b> <b>Silver Threads Seniors Club</b> (carpet bowling) @ 1:30 p.m. Kin Place MPR <b>Cards - Springfield Library 2 to 4:30</b>	26 <b>Computer Class 9:30 to 11:30</b> <b>Kin Place</b> <b>Chair Yoga 10:30 203 - 449 Main</b> <b>Whist KPMPR at 7 p.m.</b> <b>Whist Anola Over 50 Club 7:30 p.m.</b>	27 <b>Cooks Creek CC Breakfast 9 to 10:30</b>
28	29 <b>Anola Senior Exercise Program @ 10:30 a.m.</b>	30 <b>Senior Bingo - 1 p.m. @</b> Kin Place <b>Crib - Kin Place 6:30 p.m.</b> <b>Bingo 7 p.m.</b> Anola Over 50 Club	31 <b>Cooks Creek Seniors Club @ 1 p.m.</b> Pleasant View Lodge <b>Bingo 7 p.m.</b> Dugald CC	For information on Springfield Services to Seniors please call Diane at 444-6128 or email <a href="mailto:springfieldseniors@mts.net">springfieldseniors@mts.net</a>		

*The Community Volunteer Income Tax preparation program is now available. For information on whether you may qualify please call my office at 444-6128*